



DIOLAZE

Treatment Schedule

The number of treatments is typically varied from 4-10 sessions every 4-8 weeks on the face and every 6-12 weeks on the body.

- Lighter and deeper hair is more resistant and requires more treatment sessions.
- Hair re-growth should be observed prior the treatment.
- Treatment should be concluded when the results are satisfactory to the patient or according to the physician's discretion.

Pre-Treatment Recommendations

- Avoid laser hair removal if pregnant or breastfeeding.
- Shave the area to be treated with laser 1-3 days prior to your appointment. You can shave as often as desired between laser sessions.
- Discontinue waxing, tweezing, threading, depilatories and electrolysis for at least 3 weeks prior to treatment and throughout treatment.
- Stop any retinoids 2 weeks prior to your treatment unless otherwise advised by provider.
- Avoid applying makeup the day of treatment if getting laser hair removal done on the face.
- Avoid tanning prior to your treatment. Any patient with a significant tan or sunburn may be rescheduled due to the sensitivity of the procedure to altered skin color and for the sake of your own safety.
- If you have a history of cold sores, please let your provider know.
- Caution is advised to persons with a history of herpes simplex in the treatment area. Those who carry the herpes simplex virus and receive laser treatment on their upper lip, chin, or lower cheeks may have a "flare-up" of their condition. The risk of this complication can be reduced if you take a prescribed antiviral medication. If you have an active herpes outbreak, your appointment will have to be rescheduled.

Post-Treatment Recommendations

- The treatment area is very delicate and should be treated gently. It is common to experience slight swelling and redness at the treatment site.
- Avoid direct sun exposure to treated areas for at least one week post treatment and all signs of redness and irritation has subsided. Always wear a broad-spectrum sunscreen with a minimum of SPF 30 daily. Completely cover any areas that have a crust present.
- Avoid any trauma to treatment area such as scratching, picking or rubbing.
- Avoid pools, hot tubs, Jacuzzis, saunas and steam rooms for 3 days.
- Avoid any deep exfoliation treatments or creams containing a chemical exfoliator for 2 weeks pre and post treatment, such as microdermabrasion, retinoids, or glycolic acid.
- You may apply cold compresses or ice packs to the treated site to ease discomfort.
- During the next three weeks you may notice hair shedding.